**Happy to be Me**

**During September and October we will be learning about ourselves.**

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| **Take a look in the mirror; which features do you see? Can you describe them? “I have short, spikey blonde hair”, “I have 2 blue eyes” …** | **Your 10 fingers are made for maths; count them, show a number, sing finger rhymes …**  **Here are some rhyme cards to help you learn.** | **Read or watch “You Choose” Pippa Goodhart & Nick Sharratt**  [**https://www.clickabook.co.uk/product/you-choose-pippa-goodhart-nick-sharratt/**](https://www.clickabook.co.uk/product/you-choose-pippa-goodhart-nick-sharratt/)  **make choices, imagine, express preferences …** | **Heads shoulders, knees & toes ...**  [**https://www.youtube.com/watch?v=ZanHgPprl-0**](https://www.youtube.com/watch?v=ZanHgPprl-0)  **have fun learning the actions & the words!** |
| **Watch “Something Special”**  <https://www.youtube.com/watch?v=pIbm8_c86qc> & on iPlayer  Can you learn some Makaton sign language? | **Enjoy exercise;**  **Can you hop, skip, jump? Can you roll, catch & bounce a ball?** | **Read or watch**  **“Only One You”**  **Linda Kranz**  [**https://www.youtube.com/watch?v=IyIfExitwkQ**](https://www.youtube.com/watch?v=IyIfExitwkQ) | **Create a digital scrapbook of you, your family & your friends.** Take photos of times you have with your family & friends. Look at these together, zoom in on details & discuss. |
| **Read or watch**  **“What Makes Me a Me?**”  **Ben Faulks & David Tazzyman**  [**https://www.youtube.com/watch?v=M3imlVnPvC8**](https://www.youtube.com/watch?v=M3imlVnPvC8) | **Cook a family meal:**  **chicken & apple curry**  Use the recipe card to buy the ingredients you need & cook the curry together. | **Draw & paint pictures of yourself, your family, your friends, your house …** | **Make a delicious treat:**  **chocolate fridge cake**  Use the recipe card to buy the ingredients you need & make the cake together. Who will you share it with? |