# **SCHOOL MEALS**

**Available daily as an alternative:** - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soreen and cheese & biscuits

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.











## **Week One**

#### **Meat Free Monday**

Vegetarian Sausage Roll
Herby Diced Potatoes and Baked Beans

Tomato and Mascarpone Pasta Bake Served with Seasonal Vegetables

Vanila Ice Cream

#### **Tuesday**

V Pork Sausage with Yorkshire pudding Creamed Potatoes, served with Carrots and Peas

Cheese or Cheese and Ham Panini served with Sweetcorn and Salad

Fresh Fruit Segments or Yoghurt

#### Wednesday

Home Made Beef Chilli served with rice.

BBQ Chicken served with Baked Wedged Potatoes, and Sweetcorn

BBQ Quorn served with Baked Wedged Potatoes, and Sweetcorn

Homemade Blueberry Cake/Muffin

### Thursday

Crumb Coated Chicken served with Chunky Chipped Potatoes, Garden Peas, or Baked Beans

Oven baked Fish Fingers Served with Chunky Chipped Potatoes, Garden Peas, or Baked Beans

**Homemade Cooks Choice Biscuits** 

#### Friday

Vegetable Fajitas with Savoury Rice, Sweetcorn.

V Beef Burger in a Bun served with Herby Diced Potato and Fresh Side Salad

etarian Burger in a Bun served with Herby Diced
Potato and Fresh Side Salad

V Orange Jelly and Fruit

## **Week Two**

#### **Meat Free Monday**

Margarita Pizza Rounds Served with Baked Jacket Wedges and Sweetcorn

Chinese Style Quorn Curry with Rice/Noodles

Oven Baked Jam Doughnut

#### Tuesday

Roast Turkey with Creamed Potato, Roast Potato, Carrot and Broccoli

Mome Made Cheese Pasty, Creamed, Roast Potato and Baked Beans or Vegetables.

> Fresh Fruit Salad or Yoghurt

#### Wednesday

V Brunch Lunch (Sausage, Beans, Hash Brown, Omelette)

V Meatball Sub served with Diced Potatoes and Salad

V Raspberry Jelly and Fruit

#### Thursday

Crumb Coated Chicken Served with Chunky Chipped
Potatoes,
Garden Peas or Baked Beans

Oven baked Battered Salmon served with Chunky Chipped Potatoes Garden Peas or Baked Beans

Homemade Cooks Choice Biscuit

#### Friday

V Spaghetti Bolognaise Served with Garden Peas

Garlic and Herb Chicken Pitta served with Vegetable Rice and Broccoli.

Arctic or Chocolate Ice Cream

## **Week Three**

#### **Meat Free Monday**

- Tomato and Mascarpone Pasta Bake Served with Seasonal Vegetables
- Omelette with Baked Herby Diced Potatoes and Baked Beans

Strawberry Ice Cream

#### Tuesday

V Chicken Katsu Curry served with Rice

Cheese or Cheese and Ham Panini served with Sweetcorn and Salad

Fresh Fruit Segments or Yoghurt

#### Wednesday

- V Pork Meatballs in Tomato and Basil Sauce Served with Pasta and Garden Peas
- Cheese Wrap served with Sauté Potatoes
  Sweetcorn and Salad

Vanilla and Chocolate Marble Muffin/Traybake

#### Thursday

Oven Baked Chicken Poppers Served with Chunky Chipped Potatoes, Garden Peas or Baked Beans

Oven Baked Fish Stars Served with Chunky Chipped Potatoes, Garden Peas, or Baked Beans

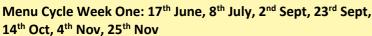
Homemade Cooks Choice Biscuit

#### Friday

V Selection of Pizza (Pepperoni/Cheese) Served with Jacket Wedges, Salad

Sweet and Sour Chicken/Quorn Served with Rice/Noodle

V Jelly and Fruit



Menu Cycle Week Two: 24<sup>th</sup> June, 15<sup>th</sup> July, 9<sup>th</sup> Sept, 30<sup>th</sup> Sept, 21<sup>st</sup> Oct, 11<sup>th</sup> Nov, 2<sup>nd</sup> Dec,

Menu Cycle Week Three: 1st July, 22nd July, 16th Sept, 7th Oct, 28th Oct, 18th Nov, 9th Dec,

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals

