SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soreen and cheese & biscuits

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.











Week One

Meat Free Monday

Homemade Macaroni Cheese

Vegetarian Sausage Roll baked diced potatoes and beans

Strawberry Ice Cream Roll

Tuesday

V Cooks choice curry served with 50/50 rice

Vegetarian Curry with rice

V Baked fishfingers, baked potato waffles, Peas and sweetcorn

> Fresh Fruit Segments or yoghurt

Wednesday

Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas.

Quorn Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

Cheese Flan served with baked jacket wedges. sweetcorn and salad

V Jelly and Fruit

Thursday

V Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or baked beans

V Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

Friday

V Selection of Panini served with Coleslaw, sweetcorn and salad

Homemade Blueberry Cake

Week Two

Meat Free Monday

Margarita Pizza served with baked jacket wedges and sweetcorn

Omelette with baked herby diced potatoes, and sweetcorn

Raspberry Ripple Ice Cream Roll

Tuesday

Roast Dinner served with creamed potatoes, gravy served with seasonal fresh carrots and peas

> **Homemade Carrot Cake** or Banana and Oat Cake

Wednesday

V Spaghetti Bolognese Served with mixed vegetables

Vegetarian Spaghetti Bolognese Served with mixed vegetables

Spicy Quorn served with savoury rice and mixed vegetables

V Jelly and Fruit

Thursday

V Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

V Chicken goujons Served with chunky chipped potatoes garden peas or baked beans

Homemade cooks choice Biscuit

Friday

V Selection of Wraps served with Fresh salad, coleslaw

> Fresh Fruit Salad or Yoghurt

Week Three

Meat Free Monday

WHomemade Tomato and Mascarpone Pasta Bake served with seasonal vegetables

Quorn nuggets with baked herby diced potatoes, and sweetcorn

Chocolate Ice Cream Roll

Tuesday

V Cajun Chicken in a bun, served with Baked wedged potatoes, coleslaw and sweetcorn

🚺 Vegetarian Burger in a bun served with Baked wedged potatoes, coleslaw and sweetcorn

> Fresh Fruit Segments or Yoghurt

Wednesday

V Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

Quorn Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

V Jelly and Fruit

Thursday

V Crumb coated chicken Served with chunky chipped potatoes, garden peas or baked beans

V Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

Homemade Biscuit or Cookie

Friday

Margarita Pizza served with baked jacket wedges and sweetcorn

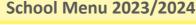
Omelette with baked herby diced potatoes, and sweetcorn

Apple Crumble and custard



Menu cycle week two: 6th Nov. 27th Nov. 18th Dec. 8th Jan. 29th Jan. 19th Feb. 11th mar. 1st Apr. 22nd Apr.

Menu cycle week three: 13th Nov. 4th Dec. 15th Jan. 5th Feb. 26th Feb. 18th Mar. 8th Apr. 29th Apr.





= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals



