

SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, sreen and cheese & biscuits
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



Week One

Meat Free Monday

Homemade Macaroni Cheese

Vegetarian Sausage Roll, served with savoury potatoes, baked beans or garden peas

Vanilla Ice Cream

Tuesday

Roast Gammon served with sage and onion stuffing creamed & roast potatoes, seasonal fresh carrots and broccoli and gravy

Cajun Chicken served with tomato penne and fresh carrots and broccoli

Fresh Fruit Segments or yoghurt

Wednesday

Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas or

Chilli Beef served with 50/50 rice

Homemade Blueberry Cake

Thursday

Oven baked Fish Stars served with chunky chipped potatoes, garden peas or baked beans

Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

Friday

Homemade Spaghetti Bolognaise served with garden peas

Homemade Cheese Flan served with baked wedged potatoes garden peas or baked beans

Jelly and Fruit

Week Two

Meat Free Monday

Margarita Pizza served with herby diced potatoes, and sweetcorn

Baked Jacket Potato with a selection of fillings

Vanilla Ice Cream

Tuesday

Roast Turkey with sage and onion stuffing served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy

Tomato and Mascarpone Pasta Bake

Fresh Fruit Segments or Yoghurt

Wednesday

Minced Beef and onion pie served with creamed potatoes and seasonal vegetables Or

Chicken curry served with 50/50 rice

Jelly and Fruit

Thursday

Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

Red Tractor Chicken Poppers served with chunky chipped potatoes garden peas or baked beans

Homemade cooks choice Cookie

Friday

Italian chicken with sauté potatoes and seasonal vegetables

Tuna and Cheese Puffs served with saute potatoes and seasonal vegetables

Fruit Crumble and Custard

Week Three

Meat Free Monday

Homemade Tomato Pasta Bake served with seasonal vegetables

Crumb coated Quorn Served with herby diced potatoes and baked beans

Homemade Rice Pudding or Vanilla Ice Cream

Tuesday

Roast Chicken sage & onion stuffing served with gravy, roast & creamed potatoes, seasonal fresh carrot and broccoli

Homemade Cheese and Potato Pie served with fresh carrot and broccoli

Fresh Fruit Segments or Yoghurt

Wednesday

Chicken Tikka Masala served with 50/50 rice or

Cottage pie Served with seasonal vegetables

Homemade Flapjack

Thursday

Seasoned chicken fillet served with chunky chipped potatoes, garden peas or baked beans

Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

Cooks Choice Toffee Date Cake or Chocolate Cake with Orange

Friday

Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

Jacket potato with a selection of fillings

Jelly and Fruit



Menu cycle week one: 6 Sept, 27 Sept, 18 Oct, 8 Nov, 29 Nov, 20 Dec, 10 Jan, 31 Jan, 21 Feb, 14 Mar, 7 Apr
Menu cycle week two: 13 Sept, 4 Oct, 25 Oct 15 Nov, 6 Dec, 27 Dec, 17 Jan, 7 Feb, 28 Feb, 21 Mar, 14 Apr
Menu cycle week three: 20 Sept, 11 Oct, 1 Nov, 22 Nov, 13 Dec, 3 Jan, 24 Jan, 14 Feb, 7 Mar, 28 Mar, 21 Apr

School Menu September 2021/22

= Vegetarian = Vegetarian substitute available
Lunch will be served with fresh milk or drinking water.
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals

